



Volume 85 Issue 1 – June 2011

<http://www.zontastpaul.org>

## Greetings!

We met at Peggy's on May 24<sup>th</sup> for our final meeting of the year ending May 31, 2011. The focus of the meeting was business, reviewing the financial condition of the club, and planning for the New Year. We approved the budget and annual membership dues. International dues increased \$15, which was expected based on the approval at the July 2010 International Convention. District dues remain the same.

We approved \$600 contribution to Zonta Foundation of which \$300 was designated for ZISVAW and \$300 for International Programs. This contribution represents just over 44% of our service funds raised by our club for International programs.

We also elected a new slate of officers for the upcoming year and they are:

**President – Judy Cognetta**  
**Vice President – Connie Hill**  
**Secretary – D Stelter**  
**Treasurer – Peggy St. Germain**

As for committees, everyone is assigned to work on all committees as the need arises. Since we are a small group, we can coordinate the various committee works via e-mail or telephone.

Dorothy suggested that we might host a “**High Tea**” and she would be willing to have it at Becketwood if everyone would help with the event. All members who were present were very enthused about this event and it was decided that we would make it a fund raising event, with some of the proceeds going to MVNA for the Club 100 program and for women who needed assistance. We were particularly interested in helping the North Minneapolis women who had been tornado victims.

The High Tea will be held at Becketwood on Saturday, August 20<sup>th</sup> in the afternoon. **There will be a planning meeting on June 15<sup>th</sup> at Dorothy's to set the menu and organize the event. Cost will be \$20. Come prepared with ideas for the event as well as silent auction or raffle ideas.**

I met with Dorothy this past week to look at the space and to fill her in on the discussion from our May meeting. She has been to and been involved in a number of High Teas and has jotted down a list of things we need to discuss.

Although I had heard about High Teas, I really did not have a really good understanding about them.

In England, **High Tea** (also known as **meat tea**) is an early evening meal, typically eaten between 5pm and 6pm. It is now largely followed by a later lighter evening meal. **High Tea** for laborers and farmers was a traditional meal, not something consumed only occasionally.

**High Tea** would usually consist of hearty dishes, cold meats, meat pies and Welsh rarebit, eggs or fish, cakes and sandwiches.

In its origin, the term “high tea” was used as a way to distinguish it from “low tea” or afternoon tea... The words 'low' and 'high' refer to the tables from which either tea meal was eaten. Low tea was served in a sitting room where low tables (like a coffee table) were placed near sofas or chairs generally. The word high referred to a table, this one on a dining room table, and it would be loaded with substantial dinner dishes - meats, cheese, breads, perhaps the classic shepherd's pie or steak and kidney pie.

For most of the United States, the morning or afternoon break is not often referred to as tea as the beverage has not traditionally been a widespread



**Volume 85 Issue 1 – June 2011**

<http://www.zontastpaul.org>

choice with Americans. The term coffee break is used instead to denote a morning or afternoon break from work, or social gathering for a snack and short downtime, where hot and cold beverages and cakes, breads and pastries are sometimes consumed.

The term "**high tea**" is also used in the United States to refer to *afternoon tea* or the "tea party," a very formal, ritualized gathering in which tea, thin sandwiches and little cakes are served on the best china. This usage is an analogical construction, the term "high" being associated with social formality (rather than a "high," or main, table).

This afternoon tea is increasingly served in high-end American hotels, and at a rising number of big-city teahouse, where it is sometimes described as "afternoon tea." The term "tea party" is still occasionally used in the U.S., either for a special occasion or in honor of a visiting celebrity or guest.

Foods served at the afternoon tea might include light sandwiches, like watercress or fish paste, bread and butter sandwiches, scones and clotted cream, petit fours and other dessert items. Not to mention – Fancy teas – several kinds are usually offered.

**A Brief History of Afternoon Tea**

Legend has it that afternoon tea was started in the mid-1800s by the Duchess of Bedford. Around this time, gas or oil light was introduced in wealthier homes, and eating a late dinner (around eight or nine PM) became fashionable. At the time, there were only two meals each day -- a mid-morning, breakfast-like meal and the other was an increasingly late dinner-like meal.

The story goes that the Duchess found herself with a "sinking feeling" (likely fatigue from

hunger during the long wait between meals) and decided to have some friends over for assorted snacks and tea (a very fashionable drink at the time). The idea of an afternoon tea gathering spread across high society and became a favorite pastime of ladies of leisure. Later, it spread beyond the highest elites and became more accessible for some other socioeconomic groups.

The following is a preliminary schedule for the new fiscal year meetings:

**July 26** – Romelle’s

**August 20** – High Tea at Becketwood

**September 16-18** - District 7 Fall Conference in St. Cloud

**September 27** – Connie’s (soup mix project for Jeremiah Program)

**October 25** – To be determined

**November** – Ridgewood Room (Phyllis & Erma Hosting Blankets)

**November/December** – Potential poinsettia sales event

**December** – Judy’s (date to be determined)

**January 24** – To be determined

**February** – joint meeting with Minneapolis -  
Date and Place to be determined

**March 27** – To be determined

**April** – may be a theatre venue  
– To be determined

**May 22** – Year End Review/Planning for 2012-13



Zonta Club of St. Paul  
Member of Zonta International  
*Advancing the Status of Women Worldwide*

# Zonta Paul

**Volume 85 Issue 1 – June 2011**

<http://www.zontastpaul.org>

Our May meeting ran a little late with the High Tea discussion taking precedence so we will continue our calendar planning at a future meeting.

We received two scholarship applications for the Jane M. Klausman Women in Business Scholarship. Carole and Joan are working on evaluating the applications. We should plan on approving an application at our June 14<sup>th</sup> meeting so that we can forward the application to District. The deadline for receipt of the application at District is July 1.

Please RSVP to Dorothy by June 12th if you are planning on attending or if you are unable to attend.

### **Member and Supporter Update:**

Evelyn is doing much better and will be living at Langton Place in Roseville (formerly Presbyterian Homes) until she is able to return home. She would enjoy visits and cards. She would also like to host us for a service project. There are many community rooms available of varying sizes.

Carole is home from the hospital and is following up with her doctor. We are glad she is back home.

### **Upcoming Fun Things to Do in St. Paul**

#### **The Rose Ensemble presents: Songs of Temperance & Temptation**

Tuesday, June 14, 7 p.m.

St. Anthony Park Branch Library

2245 Como Avenue

The Rose Ensemble presents a lecture and demonstration about music from the upcoming concert, “Songs of Temperance & Temptation:

### **100 Years of Restraint and Revelry in Minnesota.”**

#### **June 30 - Ordway Summer Dance Series**

**Landmark Plaza**; 6-10pm; FREE

This weekly social dance event will feature Salsa at 6:00pm - Latin Social Dance Instruction led by Manuel & Carmen Rubio; all happening in Landmark Plaza (5th and Market Street in downtown Saint Paul. The Ordway’s Summer Dance Series highlights a different genre and technique every Thursday with basic lessons by professional dance companies. So, bring your date or come for summer family fun. After the lesson, you are invited to put those moves to practice during open dancing the rest of the evening with the live band Salsa del Soul. Ordway Center for the Performing Arts, along with the Landmark Center and Wells Fargo partner for the series. For more information call 651.224.4222.

#### **July 6<sup>th</sup> - Music in the Café Musser Cortile;**

12 pm; FREE

Today’s performance will feature Taylor Baggott, bringing the sound of Blues and Soul to the millennial Generation. Taylor Baggott’s golden voice is a beautiful instrument. Classically trained in Opera and Musical Theater at St. Olaf College, yet, he can adapt his voice to any style. After years of solo performances, songwriting, touring the country with professional Vocal Band InPulse, and gigging locally with the regional Rock cover band, Doctor Salty, he has always followed his heart in pushing to do his own music full time. The performance will be staged in Landmark Center’s beautiful Musser Cortile, adjacent to Anita’s Café.

*Peggy*