

Volume 85, Issue 5 - October 2011

<http://www.zontastpaul.org>

Greetings!

We met at Connie's on September 27th and assembled 32 soup mix packages and 37 Halloween goodie bags for the Jeremiah Program (St. Paul location) residents. Thanks to Connie for hosting us at her Condo with two delicious varieties of pizza, salad and dessert. We contributed \$100 to our service fund from our September meeting.

Since we had only a few members at the September meeting, we tabled the discussion on grants to support the Minneapolis Tornado women victims as well as other service grants until our October meeting. We approved a scholarship award for our Jane Klausman local club winner Hannah Rivard. Carole will follow up with Hannah as to when she might be able to come to one of our meetings.

Our October meeting will be at Evelyn's (Scandia Shores) in their community room on Tuesday, October 25th, starting at 5:30 p.m. Alice Smith, our current District 3 area director, will join us for this meeting. She will be able to update us on the District conference decisions and other issues in Zonta.

We will have a guest speaker at this meeting, a representative from Breaking Free, an organization whose mission is to educate and provide services to women and girls who have been victims of abuse and commercial sexual exploitation (prostitution/sex trafficking) and need assistance to escape the violence in their lives. The organization's offices are located in the Ramsey County Courthouse in St. Paul.

Cost for the September meeting will be \$20, with net proceeds going into our service fund.

November 15, 2011 – Tuesday

Our November meeting is being hosted by Phyllis and Erma at the Ridgewood Room in their condo building. MN. Plan to arrive between 3-4 p.m. Since this is also a security building, Phyllis will be watching for us to arrive. We will be making the fleece blankets for young mothers at this meeting.

This would be a good time to bring goodies for the Holiday Gift Bags. We will be determining a date for the "Shopping Spree" and location for assembling the gift bags. Items needed include candy, cookies, crackers, note pads, stocking stuffers, etc. that are individually wrapped, toiletries, and other items that young women would enjoy. The bags are not intended to provide basic needs, but rather, those things that a young mom might not have access to.

MEMBER NEWS Happy Birthday to:

Judy – October 28th

Peggy – October 31st

Pat – November 3rd

Joan – November 15th

Dorothy – November 21st

Zonta International Dates to Remember:

October 17-18 – Stand Up Against Poverty

October 24th – United Nations Day

November 25th – International Day for the
Elimination of Violence Against Women

November 25th – December 10th – 16 Days of
Activism Against Gender Violence

December 1st – World Aids Day



Zonta Club of St. Paul

Member of Zonta International

Advancing the Status of Women Worldwide

Zonta Paul

Volume 85, Issue 5 - October 2011

<http://www.zontastpaul.org>

December 10th – International Human Rights Day

December 21st – International Day of Peace

Poinsettia sales!

At our October meeting, we will be passing out sale information for fundraising. We hope that everyone will participate in selling poinsettias in some capacity. We are not anticipating that this will be a major fund raising project this year since we had the High Tea in August.

Upcoming Area Events – walk-in flu shot clinics

MVNA will be having flu shot clinics in partnership with Park Nicollet and KARE 11. The Flu Fighters clinics will be held October 12-14 and October 19-22 at all Lunds and Byerlys locations. MVNA Nurses will be providing the flu and pneumonia vaccinations to individuals ages 3 and up. The cost is \$27 for the injection or \$32 for the nasal spray. Proceeds from these flu clinics help fund MVNA nursing programs. Call your local Byerlys or Lund's store for times.

The following are repeats from September's newsletter – but still worth investigating.

Great American History Theatre

A Civil War Christmas - November 19 — December 18, 2011 An American Musical Celebration

1864 It is Christmastime in Washington, DC as the Civil War nears its end. This epic musical incorporates music of the era to give voice to the many characters who inhabited the White

House, Washington, D.C., and the battlefields during the final days of the Civil War.

ST PAUL LANDMARK CENTER

October 23 - St. Paul Civic Symphony; 1 pm

The Saint Paul Civic Symphony presents their annual fall concert highlighting the beautiful and stirring music from well-known pieces and featuring some very talented local musicians.

October 30 - Great Pumpkin 1 pm

Among Landmark Center's most popular family-friendly programs, the Great Pumpkin Festival delivers all things Halloween, including storytelling, music, art projects, a costume parade and more! Dress up and join in the fun, free of charge!

FRIENDS OF THE ST PAUL LIBRARY

Author Readings David Lehman – A Fine Romance Monday, October 24, 7 p.m.

Studio Z, Lowertown - On the second floor of the Northwestern Building, at 275 East Fourth Street

Rimon: The Minnesota Jewish Arts Council Salon Series and The Friends, with MotionPoems, present acclaimed poet, editor, and cultural critic David Lehman, author of *A Fine Romance*. In *A Fine Romance*, David Lehman looks at the formation of the American songbook—the timeless numbers that became jazz standards, iconic love songs, and sound tracks to famous movies—and explores the extraordinary fact that this songbook was written almost exclusively by Jews.



Zonta Club of St. Paul

Member of Zonta International

Advancing the Status of Women Worldwide

Zonta Paul

Volume 85, Issue 5 - October 2011

<http://www.zontastpaul.org>

A small ticket fee, with a discount for Friends members, will apply. Contact The Friends for more information: 651-222-3242.

Oliver Twist Theater Discussion

October 26, 7 p.m. Merriam Park Branch Library

Join the director, Joel Sass, and other members of Park Square Theatre’s artistic team for a discussion about Oliver Twist, the Midwest premiere of a new adaptation of Dickens’ classic tale. Call The Friends at 651-222-3242 to receive ½ price tickets in conjunction with the library program!

If you are in the mood for a real Bargain.... Tuesday, October 18th is \$.99 night at Park Square. Be prepared to stand in line for a while to get these bargain tickets!

The Rose Ensemble Sing-Along

October 25, 7 p.m. St. Anthony Park Branch Library

The Rose Ensemble returns for their annual sing-along. Join members of the award-winning ensemble and sing songs from “Temperance and Temptation: 100 Years of Restraint and Revelry in Minnesota.”

Hope you can make all of these upcoming events.

October is United Nations Month

The following information is from the United Nations Web Site and focuses on their campaign to end violence against women. The Campaign is entitled UNiTE.

SECRETARY-GENERAL BAN KI-MOON

“There is one universal truth, applicable to all countries, cultures and communities: violence against women is never acceptable, never excusable, never tolerable.”

Launched in 2008, United Nations Secretary-General Ban Ki-moon’s *UNiTE to End Violence against Women* campaign is a multi-year effort aimed at preventing and eliminating violence against women and girls in all parts of the world.

UNiTE calls on governments, civil society, women’s organizations, young people, the private sector, the media and the entire UN system to join forces in addressing the global pandemic of violence against women and girls.

Violence against women: the situation

THE PROBLEM

Violence against women takes many forms – physical, sexual, psychological and economic. These forms of violence are interrelated and affect women from before birth to old age.

Some types of violence, such as trafficking, cross national boundaries.

Women who experience violence suffer a range of health problems and their ability to participate in public life is diminished. Violence against women harms families and communities across generations and reinforces other violence prevalent in society.

Violence against women also impoverishes women, their families, communities and nations.

Violence against women is not confined to a specific culture, region or country, or to particular groups of women within a society. The roots of violence against women lie in persistent discrimination against women.



Volume 85, Issue 5 - October 2011

<http://www.zontastpaul.org>

Up to 70 per cent of women experience violence in their lifetime. *Women aged 15-44 are more at risk from rape and domestic violence than from cancer, car accidents, war and malaria, according to World Bank data.*

The most common form of violence experienced by women globally is physical violence inflicted by an intimate partner, with women beaten, coerced into sex or otherwise abused.

A World Health Organization (WHO) study in 11 countries found that the percentage of women who had been subjected to sexual violence by an intimate partner ranged from 6 per cent in Japan to 59 per cent in Ethiopia.

Psychological or emotional violence by intimate partners is also widespread.

It is estimated that, worldwide, one in five women will become a victim of rape or attempted rape in her lifetime.

The practice of early marriage – a form of sexual violence – is common worldwide, especially in Africa and South Asia. Young girls are often forced into the marriage and into sexual relations, causing health risks, including exposure to HIV/AIDS, and limiting their attendance in school.

One effect of sexual abuse is traumatic gynecologic fistula: an injury resulting from severe tearing of the vaginal tissues, rendering the woman incontinent and socially undesirable.

Sexual violence in conflict is a serious, present-day atrocity affecting millions of people, primarily women and girls.

Women's inability to negotiate safe sex and refuse unwanted sex is closely linked to the high prevalence of HIV/AIDS. Unwanted sex results

in a higher risk of abrasion and bleeding and easier transmission of the virus.

It is estimated that more than 130 million girls and women alive today have undergone Female Genital Mutilation/Genital Cutting (FGM/C), mainly in Africa and some Middle Eastern countries. 2 million girls a year are thought to be at risk of genital mutilation.

Dowry murder is a brutal practice where a woman is killed by her husband or in-laws because her family cannot meet their demands for dowry — a payment made to a woman's in-laws upon her marriage as a gift to her new family. While dowries or similar payments are prevalent worldwide, dowry murder occurs predominantly in South Asia.

In many societies, rape victims, women suspected of engaging in premarital sex, and women accused of adultery have been murdered by their relatives because the violation of a woman's chastity is viewed as an affront to the family's honor.

The United Nations Population Fund (UNFPA) estimates that the annual worldwide number of so-called "honor killing" victims may be as high as 5,000 women.

Between 500,000 to 2 million people are trafficked annually into situations including prostitution, forced labor, slavery or servitude, according to estimates. Women and girls account for about 80 per cent of the detected victims.

Indigenous women in Canada are five times more likely than other women of the same age to die as the result of violence.

Violence against women in police custody is common and includes sexual violence, inappropriate surveillance, strip searches



Zonta Club of St. Paul

Member of Zonta International

Advancing the Status of Women Worldwide

Zonta Paul

Volume 85, Issue 5 - October 2011

<http://www.zontastpaul.org>

conducted by men and demands for sexual acts in exchange for privileges or basic necessities.

The costs of violence against women are extremely high. They include the direct costs of services to treat and support abused women and their children and to bring perpetrators to justice.

To address the problem, Secretary-General Ban Ki-moon has identified five goals which his UNiTE to End Violence against Women campaign aims to achieve in all countries by 2015.

Goal 1: Adopt and enforce national laws to address and punish all forms of violence against women and girls

Goal 2: Adopt and implement multi-sectoral national action plans

Goal 3: Strengthen data collection on the prevalence of violence against women and girls

Goal 4: Increase public awareness and social mobilization

Goal 5: Address sexual violence in conflict

Violence against women occurs in all countries, all socioeconomic groups, all races and cultures. It is not just an issue for other countries and nations, but is an issue right here in Minnesota and the Twin Cities. Our October speaker (from Bridges to Safety) will be telling us about this problem from a Ramsey County/Minnesota perspective.

We hope that you all will be able to come to the meeting.

Form 990-N – Tax Exempt Report for May 31, 2011

The annual Form 990N has been filed with the Internal Revenue Service for both the Club and for the Foundation for the year ended May 31, 2011.

ZONTA INTERNATIONAL CONVENTION
2012

The 2012 International Convention will be held at the Centro Congressi Lingotto in Torino Italy. The website lists the registrations for Zontians and cost based on registration date. In Euros! So, for now, the registration is 325 Euros which at the current exchange rate equals \$436.61. The registration fee covers the program and bag, entry to Open Forum, Opening Ceremony & Reception, all business sessions, all coffee breaks, Charity Place & Hospitality Suite and opportunity to purchase tickets to optional convention events. Lodging, meals, airfare and local transportation and local events are not part of the registration fee.

The following is from the convention website:

“Torino is a fascinating city – a unique combination of ancient history, modern industrialism and natural beauty. It is a city with antique roots, which looks at the future and at innovation, while fully respecting its glorious past.

Summer is an ideal time to enjoy the diverse and breathtaking landscapes that surround Torino. Relax and enjoy the beautiful parks, gently flowing rivers, crystal-clear lakes, rolling hills and majestic Alps that surround the city.

One of the most unforgettable experiences of a visit to Torino is undoubtedly the food and wine. The Piedmont region is known for its endless variety of starters, its excellent agnolotti (meat-filled pasta), tajarin (short homemade spaghetti),



Zonta Club of St. Paul

Member of Zonta International

Advancing the Status of Women Worldwide

Zonta Paul

Volume 85, Issue 5 - October 2011

<http://www.zontastpaul.org>

risotto, fresh fruits and vegetables, river fish and seafood and more than 120 different kinds of cheese. All these different tastes and flavors will be accentuated by the wines, including the famous Piedmontese Barolo and Barbaresco reds and Arneis and Gavi white wines, just to name a few. Be sure to save room for dessert. Torino is famous for its gianduiotti chocolate and pastries.

Enjoy Torino's vibrant nightlife in the trendy Quadrilatero Romano, Piazza Vittorio or Murazzi di Po, or take an evening boat ride on the Po River.

Torino also offers numerous opportunities for shopping. Visit the wonderful shops situated under the center porches or one of the many shopping malls, and don't miss Porta Palazzo, the largest open air market in Europe."

Torino sounds like a great place to visit! It is located northwest of Genoa and southwest of Milan, not far from the borders of France and Switzerland. Near the top of the Boot!

Just announced – Friends of the St. Paul Library will be presenting their Women's Human Rights Film Series – The first event will be Monday, October 10, 7 pm at the Metropolitan State University Library, Ecolab Room, 645 East Seventh Street, Saint Paul.

"The Price of Sex"

A compelling inquiry into a dark side of immigration, "The Price of Sex" sheds light on the underground criminal network of human trafficking and experiences of trafficked Eastern European women forced into prostitution abroad. Photojournalist Mimi Chakarova's feature documentary caps years of painstaking, on-the-ground reporting that aired on

"Frontline" and "60 Minutes" and earned her an Emmy nomination. This dangerous investigative journey brings Chakarova face to face with trafficked women.

"Miss Representation"

Wednesday, November 9, 7 pm, Metropolitan State University, Founders Hall Auditorium, 700 East Seventh Street, Saint Paul.

"Miss Representation" uncovers a glaring reality in our society. The film explores how mainstream media contribute to the under-representation of women in influential positions in America and challenges the media's limiting and often disparaging portrayals of women. Stories from teenage girls and provocative interviews with influential women from Condoleezza Rice to Gloria Steinem build momentum as the film accumulates startling facts and statistics that will leave the audience shaken and armed with a new perspective.

"Grace, Milly, Lucy... Child Soldiers"

Monday, December 5, 7 pm, Highland Park Branch Library, 1974 Ford Parkway, Saint Paul

People rarely realize that many child soldiers are girls. This reality is underscored by the gripping personal accounts of three female child soldiers in Raymonde Provencher's riveting film. They are three among thousands of young girls violently abducted from Ugandan villages by the Lord's Resistance Army, a rebel force that trained kidnapped girls to fight and kill. These survivors help women ex-rebels find a voice in the world, acceptance at home, and forgiveness from one another.

I was looking for an easy dessert and came across this recipe – haven't tried it, but it sounds good!



Zonta Club of St. Paul
Member of Zonta International
Advancing the Status of Women Worldwide

Zonta Paul

Volume 85, Issue 5 - October 2011

<http://www.zontastpaul.org>

Butter Pecan Cake Mix Cookies

INGREDIENTS: 1 box Duncan Hines yellow

butter flavor cake mix

1 pkg. (9-12 oz.) pecan pieces

2 eggs

1 stick butter

DIRECTIONS Soften or melt butter (not hot).

Add eggs and beat slightly. Add cake mix and

nuts and mix well (batter will be stiff). Drop

spoonfuls and press on cookie sheet. Bake in a

preheated 350 degree oven for 10-12 minutes.

MAKES: 3 to 4 dozen

See you all at Evelyn's on the 25th.

Peggy